



Liz Hughes

Principal Consultant, The Table Group

President, Keystone Consulting

Liz brings over 20 years of business management and leadership experience to her partnership with The Table Group. She has a passion for helping senior leadership teams collectively achieve results and brings straightforward, practical solutions to her clients.

Currently, Liz works with CEOs and leadership teams in effectively applying the concepts related to organizational health. She helps teams achieve success by focusing on cohesiveness, trust, clarity and communication. Her strength is helping teams become aligned strategically and behaviorally working to achieve “no light of day” between leadership team members. Liz’s clients include many different types of organizations and industries including technology, non-profit, manufacturing and healthcare.

Prior to joining The Table Group, Liz worked at Robert Half where she held a wide range of executive leadership roles from operations and sales to learning and development. She led enterprise wide initiatives and was known for her innovative thinking while managing multi-million-dollar divisions. Liz has a Bachelor’s degree in financial management from the University of Missouri, Columbia.

Liz is heavily involved in the local community working with the Leukemia & Lymphoma Society, Make-A-Wish, Friends of Kids with Cancer and mentors’ students and leaders. She is involved in Stephen Ministry and on the Missions Committee at her church. Liz, her husband and two sons live St. Louis, Missouri.

Contact Info:

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Partial Client List

- CRB
- FM Global
- GCR, Inc.
- Grey Eagle Distributors
- Hope Haven
- Leukemia & Lymphoma Society
- Make-A-Wish
- RightSourcing
- RiskIQ
- Saving Sight
- U.S. Bancorp Community Development Corporation

Endorsements

“Liz helps leaders realize their full potential. She brings fresh insights and perspectives to help businesses manage in times of transition or changing business climates. She is particularly adept at encouraging leaders to think differently and explore innovative solutions that achieve results.”

—Paul Gentzkow, President & Chief Operating Officer, Robert Half

“Our work with Liz Hughes at the Table Group was a game changer. Our team is closer and more productive than ever thanks to the key learnings and execution of Liz’s recommendations. I highly recommend using the Table Group to anyone looking to improve their culture, cohesion and overall business model.”

—LuAnn Bott, CEO, Make-A-Wish Missouri